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The invention refers to the pharmacology and food industry and may be used for preparing teas with curative-and-prophylactic properties.

Summary of the invention consists in that the phytotherapeutic composition includes the aboveground part of common marjoram, St. John's wort, dandelion, liquorice, wild rose hips, corn stigmae, raspberry leaves, in the following component ratio, mass %:

aboveground part of common marjoram	13...15
aboveground part of St. John's wort	12...14
aboveground part of dandelion	12...14
liquorice	11...18
wild rose hips	16...19
corn stigmae	12...17
raspberry leaves	the rest.

Claims: 1